

IN JOY Consent Form

The undersigned client acknowledges that he/she/they has read the following information:

Janet Ashby provides healing art services in accordance with acquired training and education. Janet Ashby is a certified hypnotherapist, a certified Biofield Tuning practitioner and has a Master Certification in Intuition Medicine®

Therapeutic goals are to help clients tap into their subconscious abilities to transform unhealthy thoughts, beliefs and patterns into healthier, more loving ones. All work is client centered and may utilize hypnotherapy, guided visualization, tuning fork vibrations, intuition medicine® and other energy balancing methods.

Sessions are not used to diagnose, treat, cure or prevent any medical problem or psychological disorder not are they intended to be a substitute for professional health care advice and services. Janet Ashby is not a licensed physician. Her services are considered alternative and complementary to the healing arts services that are licensed by the state.

Please initial after each of the following statements:

I recognize that my health and well-being ultimately depends on how well I care for myself, emotionally, physically, mentally and spiritually. _____

I understand that I may experience emotional release or physical sensations during or after the session. I will inform Janet if I feel uncomfortable during the session. ._____

I understand that the session may involve the use of tuning forks on and near my fully clothed body. I will inform Janet if I don't want the tuning forks placed anywhere on my body.._____

I agree to honor myself and my process. _____

Client signature.

Date